

The Mental Health Center of Greater Manchester believes that a highly skilled workforce is vital to the care of our patients and the health of our community. We are committed to the professional development of behavioral health providers across the region.

With over four dozen unique trainings and an equal number of expert training staff, MHCGM courses provide cutting edge, research driven curricula with continuing education hours through the National Association of Social Workers and the American Nurses Credentialing Center.

We are excited to have trained 1,125 individuals in 2024 and look forward to expanding that number in 2025!



We hope you decide to join us for one of our trainings found in this calendar. If you would like to bring a training to your place of employment reach out to Pete Costa at <u>costapet@mhcgm.org</u>.



Pete Costa, LICSW,CCISM Director of Training



Elaina Pousland, MS Coordinator of Training



Register at www.mhcgm.org/training-and-education/upcoming-trainings/

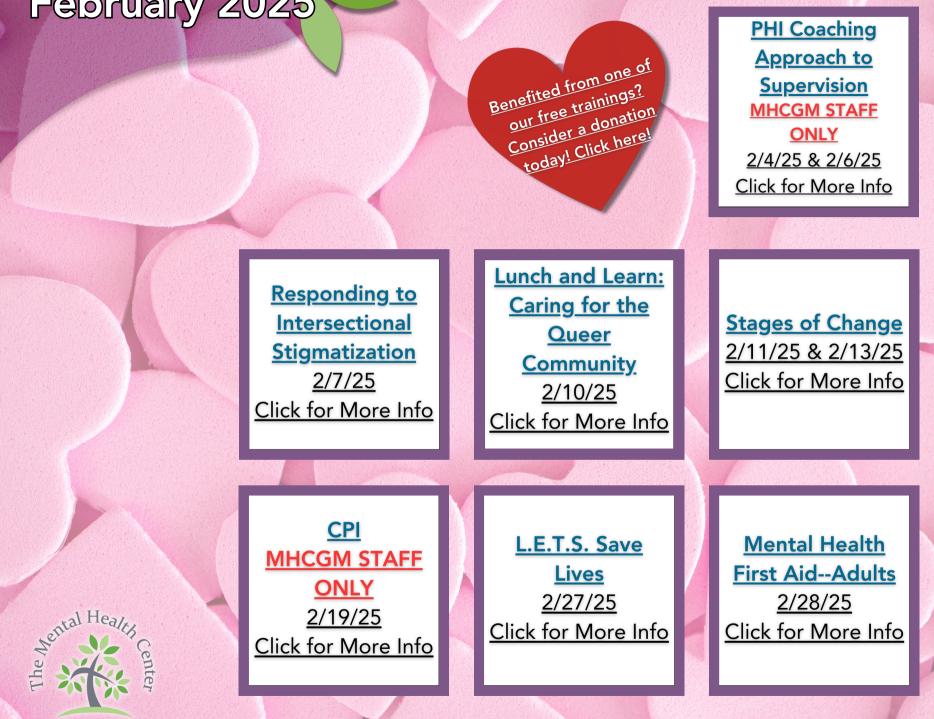
of Greater Manchester

January 2025





February 2025

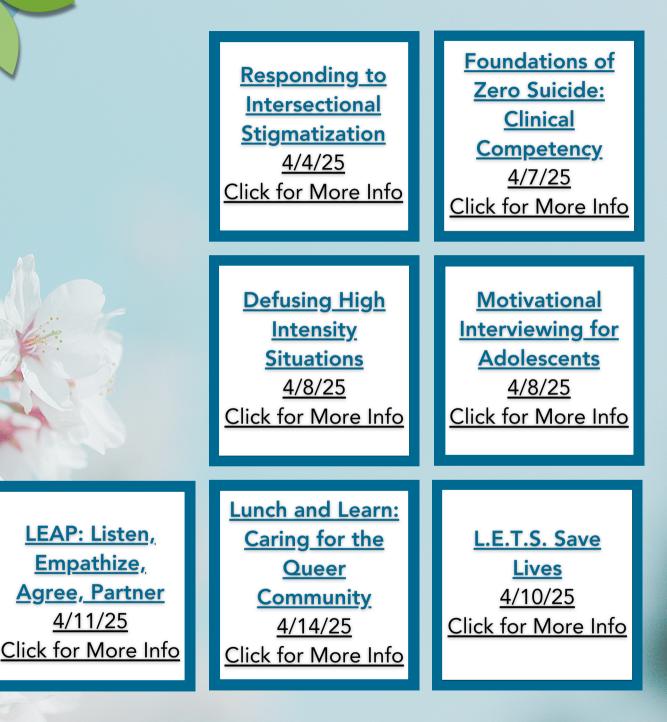


March 2025



of Greater Manchester





of Greater Manchester

Venta



Benefited from one of our free trainings? Consider a donation Using the C-SSRS oday! Click here! Click for More Info <u>CPI</u> MHCGM STAFF ONLY

4/16/25 Click for More Info

Safety Planning for Suicide Prevention and Intervention <u>4/21/25</u> <u>Click for More Info</u>

<u>Assessing</u>

Suicidal Risk

4/14/25

Mental Health First Aid--Adults 4/25/25 Click for More Info

CALM: Counseling on **Access To Lethal** Means 4/28/25 <u>Click for More Info</u>

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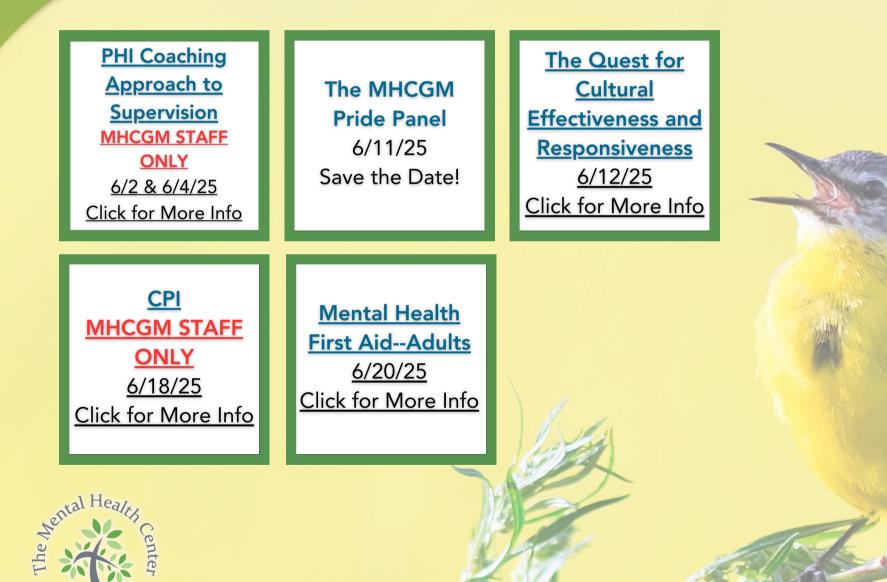
of Greater Manchester

Venta



June 2025

of Greater Manchester

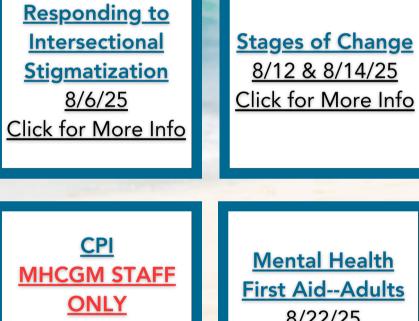




Register at www.mhcgm.org/training-and-education/upcoming-trainings/

of Greater Manchester





8/20/25

<u>Click for More Info</u>

Mental Health First Aid--Adults <u>8/22/25</u> Click for More Info

8/12 & 8/14/25



September 2025

2

4

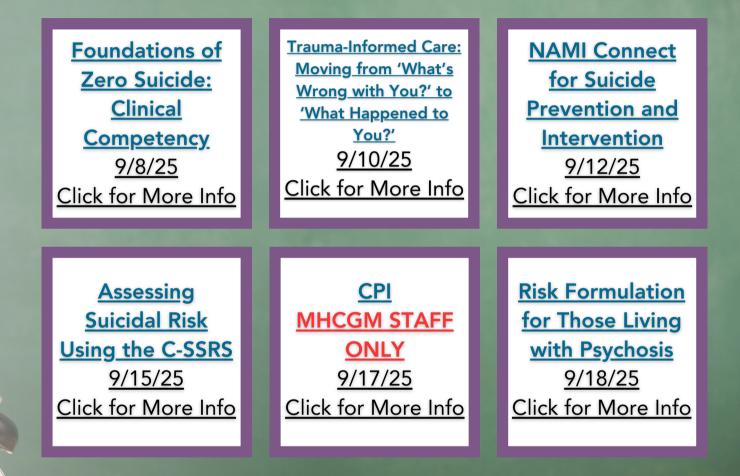
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Cente



of Greater Manchester

Mental

September 2025

5

4

6

3

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Center

Safety Planning for Suicide Prevention and Intervention 9/22/25 Click for More Info

NAMI Connect Refresher <u>9/23/25</u> Click for More Info

<u>TMBI: Teachable</u> <u>Moment Brief</u> <u>Intervention</u> <u>9/25/25</u> <u>Click for More Info</u>

Mental Health First Aid--Adults <u>9/26/25</u> Click for More Info <u>CALM:</u> <u>Counseling on</u> <u>Access To Lethal</u> <u>Means</u> <u>9/29/25</u> <u>Click for More Info</u>

of Greater Manchester

Mental.

October 2025

DBT Skills Training for Borderline Personality Disorder Oct 6th, 7th, 13th, 14th, and 20th Click for More Info



Defusing High Intensity Situations <u>10/10/25</u> Click for More Info



<u>Mental Health</u> <u>First Aid--Adults</u> <u>10/24/25</u> <u>Click for More Info</u> <u>LEAP: Listen,</u> <u>Empathize,</u> <u>Agree, Partner</u> <u>10/28/25</u> <u>Click for More Info</u>



November 2025





December 2025

