

# SUBSTANCE USE SERVICES




## at MHCGM

The Mental Health Center of Greater Manchester (MHCGM) offers Medication Assisted Recovery (MAR) services in an outpatient setting, which allows you to stay engaged with your everyday life while participating in treatment.

Opioid Use Disorder (OUD) and Alcohol Use Disorder are chronic conditions that can be managed using medication as a component of care. In combination with counseling and behavioral therapies, medications can provide a “whole-patient” approach to the treatment of substance use disorders and can provide an opportunity to focus on lifestyle changes that lead to a healthier life.

The MAR team will work with you to create a treatment plan that helps support your recovery which may include:

- Individual and group therapy
  - Peer services
  - Linkage to community resources
  - Supported employment services
  - Harm reduction strategies
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## Looking for more information?

Please call **(603) 668-4111**

\*Family members or caregivers are welcome to inquire about Medication Assisted Recovery services and supports.

Email us at: [MARservices@mhcgm.org](mailto:MARservices@mhcgm.org)



The Mental Health Center  
of Greater Manchester

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